



Genius Variety Show: From Hiding to Passion

from  Hiding to  Passion

Hiding - CHOICES + ACTIONS THAT DAMPEN ENERGY


PASSION - CHOICES + ACTIONS THAT CREATE + AMPLIFY ENERGY AND ALIVENESS

Hiding Techniques

- drawing Attention to others
- escaping when center of Attention
- declining invitations to participate
- drawing in situations that are Not Rationalizing

Passion Techniques

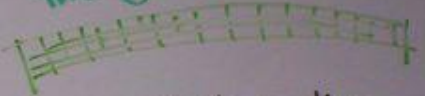

- celebrating self essence
- letting go of Approval Seeking
- taking opportunities to step out of comfort zone +
- *Biggest way to move to the genius path

When you say: "Why me?" 



I say: "Why NOT you?"

These are opportunities to achieve more aliveness

genius asks to play the game to win



being stuck in the comfort zone is playing not to lose



How can I see and choose what is right in front of me?

every moment we choose to live

people who don't know how to celebrate are dangerous

IF WE ARE NOT ENGAGED IN LIFE WE ARE DESTROYING IT IN SOME WAY