

# Genius Variety Show: Profiling for Genius

**THE GENIUS VARIETY SHOW**  
**ENERGY PROFILING**  
 BASED ON 4 ELEMENT TYPES:

- ① NITROGEN
- ② OXYGEN
- ③ HYDROGEN
- ④ CARBON

EVERYONE HAS ALL 4 BUT LEAD W/ 1 DOMINANT TYPE

**Energy PROFILING**  
 A system for understanding authentic expression and behaviors for each individual to gain insight into his/her natural abilities.

**Energy PROFILING**  
 effortless qualities  
 humans thrive in natural expression

Sometimes natural qualities/talents get mislabelled as bad behavior. The individual then struggles with suppressing his/her natural expression.

**SELF-IMPROVEMENT + BELIEF WORK**

- Letting go of LAYERS OF WHAT AN INDIVIDUAL IS NOT
- ENERGY PROFILING ALLOWS INDIVIDUALS PERMISSION TO BE THEIR AUTHENTIC SELVES
- COACHING IN BELIEF WORK IS IMPORTANT SUPPORT IN SELF-IMPROVEMENT

**Energy PROFILING**  
**Type 1** NITROGEN

Gift for new ideas/innovation  
 Bubbly champagne-like movement  
 USE METAPHORS IN SPEECH  
 SEEK OUT POSSIBILITY  
 CIRCULAR SHAPED FEATURES

**Energy PROFILING**  
**Type 2** OXYGEN

Steady, calming, inviting  
 Soft spoken, easy going  
 elongated s-curve features  
 Like planning  
 detail oriented  
 Fluid, water-like movement

**Energy PROFILING**

Business	Type	Health and Fitness
BUSINESS TEAMS NEED A BALANCE OF ALL THE TYPES ENGAGE + ENLIGHTEN PEOPLE, GENERATE IDEAS NOT GOOD W/ DETAILS/BILLS	1	SOUL - CLASSES + GYM NEED FUN ELEMENTS DONT LIKE DIET PLANS
GOOD CREATING PLANS DETAIL ORIENTED CAN GET DISTRACTED FROM OUTCOMES	2	NEED A STRUCTURED PLAN
PUSH OUTCOMES + ACCOMPLISHMENTS WANT FAST + LIKE RISK CAN OVERSTEP PLANNING	3	GOAL DRIVEN CAN OVER DO EXERCISE
LIKE TO PERFECT THINGS GOOD W/ QUALITY IMPROVEMENT	4	DO WELL ON TRADITIONAL DIET + EXERCISE PLANS REPETITION OF

**Energy PROFILING**  
**Type 3** Hydrogen

ACTION-ORIENTED  
 COMPETATIVE / WANT TO WIN  
 DEMANDING  
 OUTCOME ORIENTED  
 BLUNT, DIRECT IN COMMUNICATION  
 HEAVY FEET  
 QUICK ACTION

**Energy PROFILING**  
**Type 4** CARBON

CONSTANT + STILL  
 PERFECTION-ORIENTED, CRITICAL EYE  
 CONCISELY SIZE THINGS UP  
 IMPROVE QUALITY OF LIFE  
 MOVE IN A ONE TRACK WAY  
 FOCUSED + DONT LIKE INTERRUPTION  
 BLUNT IN LANGUAGE